# Axillary Web Syndrome

Case study

# Presenting case

- 47 yo female otherwise healthy
- One week ago: thrombus in IJV and multiple superficial vein clots in upper arm
- Commenced blood thinners
- Plan: see vascular surgeon



## Presenting case

- Palpable subcutaneous cord in right arm extending into axilla
- Main complaint is intermittent 'tight discomfort'
- No swelling/redness



### History

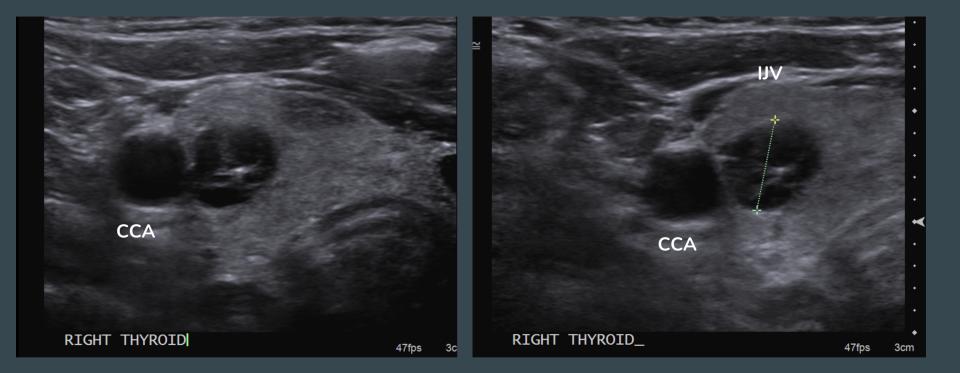
- -No previous history or family history of DVT
- -No recent trauma/central catheterisation
- -Recent mammograms appear normal

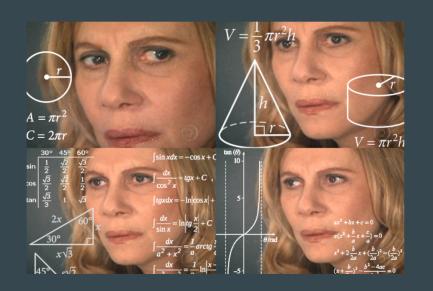
#### **Ultrasound findings**

- No evidence of DVT or STP
- No obvious superficial structures evident in place of 'cord'
- Surgeon ceases blood thinners

#### **Ultrasound findings**

Thyroid cyst  $\rightarrow$  aspirated  $\rightarrow$  shown to be benign





#### But what is the cord?

### Axillary Web



### **Syndrome**

- Lymphatic cording
- Painful with shoulder abduction
- Typically the result of surgical treatment for breast cancer
  - ightarrow damage to lymphatic system from lymph node removal
  - ightarrow increased lymphatic fluid coagulation forms visible cords

### **Axillary Web Syndrome**

Unknown etiology for this patient

> J Can Chiropr Assoc. 2016 Dec;60(4):294-298.

Atypical presentation of axillary web syndrome (AWS) in a male squash player: a case report

Patrick Welsh <sup>1</sup>, David Gryfe <sup>2</sup>

Affiliations + expand

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#### **Treatment/Outcome**

- Physiotherapy was recommended
- Discomfort settled spontaneously
- Cord eventually disappeared after 3-4 months

